

You Are a Joy and Delight to Behold

I recently read *Forever Loved*, and it inspired me to reflect on the people who bring “joy and delight” into my life – and I thought of you!

Here are some of the reasons why:

1.
2.
3.
4.
5.

With love, _____

Date: _____

Inspired by **Forever Loved** *by Diane Hesketh*

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Gentle Disclaimer - For personal reflection and sharing. Not a substitute for professional therapy or counselling.